

CLASS OF 2018 PARENT INFORMATION NIGHT

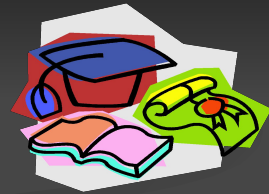


Presented By:
Tim Wirth
Counselor – Class of 2018
&
AMBER TILLERY
College & Career Center



TOPICS TO BE COVERED

- Preparing for Course Registration
- Summer School/Night School
- Community Service
- Naviance
- College Admission Preparation
- College & Career Center Resources
- Support Available for Students
- Questions & Answers



11th Grade Classroom Visits

■ February 9th and 10th in US History Classes

- Review transcript & work on Graduation Petition.
- Review where to find information on courses, college requirements, etc in Academic Planning Guide.
- Counselors will help students begin to enter course requests in Aeries during class.
- Aeries portal will remain open until midnight February 16th.
- Students will receive letter reflecting courses requested in Aeries for parent signature and corrections. Students to return signed letter for future individual counselor meeting March 7th - 10th (scheduled meetings will take place during Language Arts class period).



GRADUATION PETITION



Rocklin High School Graduation Verification Petition

Name _____ As it will appear on diploma

Student # _____

Phone # _____

Area 1 40 credits required

Language Arts Communication

Course Semester Total Credits

LAVCom I Fall Spring Credits

LAVCom II Fall Spring Credits

LAVCom III Fall Spring Credits

LAVCom IV Fall Spring Credits

Substitution, retake, waiver, exemption

1. _____

2. _____

3. _____

Area 2 30 credits required

Mathematics

Course Semester Total Credits

Algebra 1 Fall Spring Credits

Geometry Fall Spring Credits

Math Elective Fall Spring Credits

Substitution, retake, waiver, exemption

1. _____

2. _____

3. _____

Area 3 30 credits required

Science

Course Semester Total Credits

Biology Fall Spring Credits

Science Elective Fall Spring Credits

Substitution, retake, waiver, exemption

1. _____

2. _____

3. _____

Area 4 40 credits required

Social Science

Course Semester Total Credits

Comp Lit/Geog Fall Spring Credits

World History Fall Spring Credits

U.S. History Fall Spring Credits

Gov/Econ Fall Spring Credits

Substitution, retake, waiver, exemption

1. _____

2. _____

3. _____

Area 5 10 credits required

Foreign Language

Second year of foreign language is recorded under elective

Course Semester Total Credits

1. _____

2. _____

3. _____

Area 6 30 credits required

Physical Education

Course Semester Total Credits

P.E. I Fall Spring Credits

P.E. Elective Fall Spring Credits

Substitution, retake, waiver, exemption

1. _____

2. _____

3. _____

RHS Sports Teams Played: Circle Grade:

1. _____ 9 10 11 12

2. _____ 9 10 11 12

3. _____ 9 10 11 12

4. _____ 9 10 11 12

Area 7 10 credits required

Visual & Performing Arts

Course Semester Total Credits

1. _____

2. _____

3. _____

Area 8 10 credits required

Technology (Applied Science)

Course Semester Total Credits

1. _____

2. _____

3. _____

Area 9 5 credits required

Health

Course Semester Total Credits

1. _____

2. _____

Area 10 50 credits required

Electives

Course Semester Total Credits

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

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Area 10 50 credits required

Electives

Course Semester Total Credits

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Name _____ Stu. # _____ Counselor _____ Date _____

Email Address _____ **Rocklin High School** Class of _____
Sophomore Counseling

Total Credits for Graduation = 250 Credits Earned: _____ GPA: _____

Extracurricular Activities, Honors/Recognition: Student to keep track of this information.

Community Service _____ hours completed. **Students must have 25 hours completed by the end of junior year.** Visit the College and Career Center (Room H1) and/or RHS website for more information.

Career Tech Pathways: Arts/Communication Business, Info Systems/Marketing Tech/Engineering
 Nat. Resources/Environmental Science Health/Recreation Human Social Services

College Plans and Career Interests: 4 Year College Private School Community College Vocational Military

College Entrance Exam Plan

PSAT/SAT _____ SAT II (UC) _____
 ACT _____ SAT II. 2 tests in different domains recommended for UC)

Students must register at the following websites:
www.collegeboard.com www.act.org

Discussed:

— Transcript Review L. CAREER
 — Graduation Status L. Summer School
 ROP Alt. Ed. Options
 MYTP (Night School – not for college eligibility) I. NCAA www.ncaa.org
 — No credit (NC) in courses needed to be retaken for graduation
 — Tutoring available Tuesdays/Wednesdays after school in the College and Career Center (room H-2).
 — College Visitation and Research: (www.collegetrip.org; www.college.org; www.sagepub.com; <http://education.sagepub.com>)

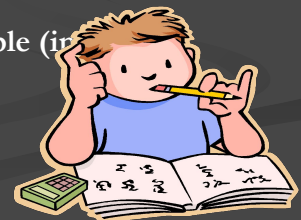
Update of Six Year Plan

Junior Year Classes	Senior Year Classes: *Must have a minimum of 6 classes
LA/Com III, LA/Com. III H	LA/Com IV, AP English, Alt.
Math Elective _____	Govt/Econ, AP Micro, AP Govt.
Science Elective _____	College/Career Elective _____
US History, AP US History _____	College/Career Elective _____
PE Elective _____	College/Career Elective _____
College/Career Elective _____	College/Career Elective _____
College/Career Elective _____	College/Career Elective _____
College/Career Elective _____	College/Career Elective _____
Alternate(s) _____	Alternate(s) _____
Alternate(s) _____	Alternate(s) _____
Student Signature _____ Date _____	Student Signature _____ Date _____
Parent Signature _____ Date _____	Parent Signature _____ Date _____

(Revised 4/22/13)

PLANNING FOR COURSE REGISTRATION

- Review courses in the Academic Planning Guide (found on the RHS counseling website).
- Student/parent conversation about course load.
- Student/teacher conversations to gather input and recommendations.
- Attend AP Class Information Sessions (if applicable).
- Consider CTE Works classes www.cteworks.com
- Review A-G courses/requirements if you are thinking about applying to a CSU or UC for college.
- Complete form for Advanced/Honors/AP courses if applicable (in upper level Foreign Language courses)



ADVANCED PLACEMENT (AP)/ HONORS COURSES

- AP Classes are College Level Courses!
- We recommend taking no more than 3 per year.
- Rigorous curriculum – Weighted
- Check pre-requisites
- \$93.00 AP exam fee
- Score of 3 or higher on AP exams may earn college credit and/or advancement *at some universities*. Credit policy information: <https://goo.gl/W6bsKo>
- AP Informational Meetings for prospective students
- Must have teacher and parent approval sign off on approval forms.



AP INFORMATION MEETINGS

AP Course	Date	Time	Location
AP Biology	Wednesday, 02/01	Lunch	G1
AP Calculus AB	Monday, 01/23	Break	K3
AP Calculus BC	Within current AB classes		
AP Chemistry	Friday, 02/03	PLUS	F-2
AP Computer Science A	Monday, 02/06	Break	R29
AP Computer Science P	Monday, 02/06	Break	R29
AP English Language	Friday 2/10	Lunch	R12
AP English Literature	Friday 2/10	lunch	R11
AP Environmental Science	TBD		
AP Government	Wed. 1/25	break	L2
AP Microeconomics	Tuesday, 2/11	Break	L1
AP Music Theory	Monday, 2/6	1:00 PM	B2
AP Physics 1	Monday, 02/13	Break	R29
AP Physics 2	Within current classes		
AP Physics C: E & M	Within current classes		
AP Physics C: Mechanics	Within current classes		
AP Psychology	Monday, 02/13	1:00pm	TLH
AP Statistics	Monday, 01/30	Break	K-6
AP Studio Art - 2D Design	TBD		
AP Studio Art - 3D Design	Within current classes		C5
AP Studio Art - Drawing	Thursday, 01/26	Plus or lunch	C-4
AP US History	Thursday, 01/26	Plus	Tech Hall
AP World History	Friday, 02/10	Break	TLH

Advanced/Honors/AP Course Approval: Grades 10 – 12

Student Name: _____

Class of: _____

PARENTS & STUDENTS: If you approve your student's choice to enroll in an Advanced/Honors/AP course, the RHS expectations are as follows (AP students – please also complete reverse side of this form):

- Student must meet course pre-requisites in order to request course—Refer to the Academic Planning Guide on the RHS Website or Naviance Course Planner.
- If a student does not meet pre-requisites, student will need to contact current teacher prior to the end of the semester to re-assess placement and will only be placed in class based on availability.
- Each AP course has a college level homework load of two hours per course per night.
- All RHS courses are yearlong courses.
- College course credit varies by university for AP courses. Students are responsible for checking the policy at specific institutions: <https://apcourse.collegeboard.org/creditandplacement/search-credit-policies>
- Students enrolled in AP/Honors/Advanced courses may choose to drop to the regular level of the course during the first three weeks of school with approval/signatures of parent and teacher.

STUDENTS WERE ENCOURAGED TO ATTEND INFORMATIONAL MEETINGS REGARDING COURSE EXPECTATIONS. IF YOU HAVE QUESTIONS, PLEASE SEE TEACHER DIRECTLY.

I understand the requirements for Advanced/Honors/AP courses and approve selections indicated below.

Parent Signature _____

Student Signature _____

Date _____

TEACHERS: A signature at the next level course indicates that this student is meeting the pre-requisites for the specified advanced course in your department. Students will not be placed in an advanced level course without a teacher signature.

COMM TECHNOLOGY Current Course: _____ 1st semester grade: _____ Current grade: _____

AP Computer Science (A or P) _____ AP Studio Art (2D) _____

(Requires Mr. Clarion's approval – circle A or P) (Requires Ms. Tackett's approval)

FOREIGN LANGUAGE Current Course: _____ 1st semester grade: _____ Current grade: _____

Spanish II / II Adv. / III / III (H) / IV (H) _____ French II / III / III (H) / IV (H) _____

LANGUAGE ARTS Current Course: _____ 1st semester grade: _____ Current grade: _____

LA II Advanced _____ AP English Language _____

AP English Literature _____

MATH Current Course: _____ 1st semester grade: _____ Current grade: _____

Precal/Trig Honors _____ AP Statistics _____

AP Calculus AB _____ AP Calculus BC _____

SCIENCE Current Course: _____ 1st semester grade: _____ Current grade: _____

AP Biology _____ AP Chemistry _____ AP Environmental _____

AP Physics 1 _____ AP Physics 2 _____ AP Physics C-M _____ AP Physics C-EM _____

SOCIAL STUDIES Current Course: _____ 1st semester grade: _____ Current grade: _____

AP World History _____ AP US History _____ AP Microeconomics _____

AP Government _____ AP Psychology _____

(Must have current Language Arts or Social Studies teacher approval)

VAPA Current Course: _____ 1st semester grade: _____ Current grade: _____

AP Studio Art _____ AP Music Theory _____ AP Studio Art (3D) _____

YOU MUST COMPLETE THE AP CONTRACT ON THE REVERSE SIDE OF THIS FORM IF YOU ARE REQUESTING AN AP COURSE!

**ROCKLIN HIGH SCHOOL
AP CONTRACT**

In order to ensure the best possible AP experience for our AP students, please read the information below to verify that you and your student understand and agree to the expectations of the AP program at Rocklin High School.

Students should be fully aware of what to expect in an AP course. Please review the following criteria with your student:

- Students should have attended the mandatory AP informational meeting for the AP course(s) he/she is requesting for the 2016-17 school year to learn the expectations of the AP class, required summer work, homework expectations, and other requirements. Meeting schedule is posted on the school website and will be advertised to students in the morning announcements.
- Students must carefully check pre-requisites for the AP course in the Academic Planning Guide and ensure they have met the requirements.
- Students should carefully consider the rigor of courses selected and the amount of time needed to complete homework in all courses.
- It is crucial to balance co-curricular time required for students involved in extracurricular activities. **Please note the Counseling Department recommends NO more than three Advanced/Honors/AP courses in a given year.**

By signing this contract, I verify the following:

- We have taken the time to learn about course-specific expectations (such as summer work requirements and the amount and types of outside work required) and we feel we understand what it will take to be successful.
- We understand that each AP course has a college level homework load of two hours per course per night.
- We have discussed the number of high-level courses requested and extracurricular commitments and believe the load is manageable.

If you would like to discuss course options, rigor, or schedule, please feel free to contact your student's counselor by calling the Counseling Department at 916.632.1600, ext. 6110.

If you would like to discuss the specifics of the course(s) in which your students would like to enroll in, please contact the AP teacher. Teacher contact information can be found on our school website.

Student:

I _____ have attended the mandatory meeting(s) for each AP course in which I would like to enroll held by the instructor. I am clear on the expectations and rigor of the course and understand that there is a three week deadline to drop the course.

Student Signature: _____ Date: _____

Parent:

I _____ understand the expectations of the AP course(s) that my son/daughter has requested and approve of their choice.

Parent Signature: _____ Date: _____

UC/CSU MINIMUM ENTRANCE REQUIREMENTS (A-G)

- 4 years Language Arts
- 2 years Social Studies
- 3 years Math (4 years recommended)
 - Must include Algebra I (Int. 1), Geometry (Int. 2), & Algebra II (Int. 3)
- 2 years Lab Science (4 years recommended)
 - Must include one year Physical Science & one year Life Science (Biology and Physics or Chemistry required)
- 2 years Foreign Language (3 years recommended)
- 1 year Visual & Performing Arts
- 1 year College Prep Elective from A-G approved list
- SAT Reasoning Test or ACT
- SAT Subject Tests(UC only -Some majors RECOMMEND)

A-G COURSE LIST

"a-g" Approved Course List		
A – HISTORY/SOCIAL STUDIES	Advanced Placement Chemistry	Fashion Design and History (ROP)
Advanced Geography Cultures	Advanced Placement Environmental Science	Graphic Communications I
World History	Advanced Placement Physics I	Graphic Communications II
Advanced Placement World History	Advanced Placement Physics 2	Guitar Lab
U.S. History	Advanced Placement Physics C: M	Mass Media
Advanced Placement U.S. History	Advanced Placement Physics: E & M	Men's Chorus
Advanced Placement Government*	Integrated Animal Science (ROP)	Photography I
		Photography II
B – ENGLISH	E – FOREIGN LANGUAGE	Photography III
Language Arts I	French I	Photography IV
Language Arts I Advanced	French II	Photojournalism I
Language Arts II	French III	Photojournalism II
Language Arts II Advanced	French III Honors	Piano Lab
Language Arts III	French IV Honors	Publications Design I
Language Arts IV	Spanish I	String Orchestra
Advanced Placement English Lang & Comp	Spanish II	Symphonic Band
Advanced Placement English Lit & Comp	Spanish II Advanced	Technical Theatre
	Spanish III	Theatre Arts I
C – MATHEMATICS	Spanish III Honors	Theatre Arts I/III
Integrated Math I	Spanish IV Honors	Theatre Arts IV
Integrated Math 2 (<i>pending approval</i>)		Video Production (ROP)
Advanced Integrated Math 2 (<i>pending</i>)	F: VISUAL AND PERFORMING ARTS	
Algebra II	Art I	G – ELECTIVE
Advanced Algebra II	Art II	Advanced Placement Computer Science A
Math Analysis	Art III	Advanced Placement Microeconomics*
Pre-Calculus/Trigonometry Honors	Art IV	Advanced Placement Psychology
Statistics	Advanced Placement Studio Art - Drawing	Advanced Digital Art
Advanced Placement Calculus AB	Broadcasting I	Broadcasting II
Advanced Placement Calculus BC	Ceramics & Sculpture I	Engineering Support Technologies I
Advanced Placement Statistics	Ceramics & Sculpture II	Fashion Design & History (ROP)
	Ceramics & Sculpture III	Forensic Science (at WHS)
D – LABORATORY SCIENCE	Advanced Placement – 3D Design	Government/Economics
Biology	Chamber Choir	Journalism I
Advanced Biology	Concert Band	Journalism II
Principles of Biomedical Science	Concert Choir	Journalism III/IV
Chemistry	Advanced Women's Ensemble	Journalism: Production Management
Chemistry Honors	Advanced Placement Music Theory	Psychology**/Sociology**
Physics	Dance I	Publications Journalism II
Physics Honors	Dance II	Speech & Debate
Geology	Dance III	Sports Medicine Careers (ROP)
Anatomy/Physiology	Dance IV	<i>*Course receives one semester of AP credit.</i>
Marine Biology	Digital Art	<i>**Course receives one semester of UC approved credit.</i>
Advanced Placement Biology	Advanced Placement Studio Art - 2D Design	

Course Selection with Counselor

- ❑ **11th Grade Course Registration- Tuesday, March 7th – Friday, March 10th** - (Students released from Language Arts class to meet with Counselor)
- ❑ **Students must bring the following with WITH PARENT SIGNATURE in order to meet with their counselor:**
 - ❑ Completed Graduation Petition
 - ❑ Course Requests Verification Letter (with different alternates chosen for each elective)
 - ❑ Advanced/Honors/AP request form (if applicable)
 - ❑ TA/Peer Teacher request forms (if applicable)

SUMMER SCHOOL/NIGHT SCHOOL

- Credit Recovery for courses needed to fulfill graduation requirements.
- Summer school
 - registration forms will be available in April.
 - Two sessions (am/pm) – each session is one semester credit per class. Maximum grade of C can be earned
 - Dates TBD. Please check back.
- Night School:
 - available fall & spring semester.
 - Night School classes do NOT fulfill four year college eligibility requirements. (pass/no pass credit only).



COMMUNITY SERVICE



- 25 hours required for RHS graduation
- Non-Profit agency or organization
- May be completed as part of a club, team, family, or individual effort.
- Opportunities and contracts available in the College & Career Center and online <http://goo.gl/p7jWGS>
- All hours MUST be documented.
- Hours must be completed by the end of the Junior Year.

VISIT THE COLLEGE & CAREER CENTER



- College/Career Exploration & Planning
- College Application Workshops
- Presentations from College Representatives
- College/Vocational/Trade School Information
- Military Career Information
- SAT & ACT Information
- Community Service Opportunities & Contracts
- Work Permits
- Homework/Tutoring (Tues./Wed./Thurs.)
- Financial Aid & Scholarships

NAVIANCE

- Overview of Capabilities
 - Career Exploration
 - Resume Builder
 - College Exploration
- Using Naviance as a family
- Login Instructions



NAVIANCE CAREER PLANNING



- ★ Career Interest Profiler
- ★ Do What You Are
- ★ Strengths Explorer
- ★ Cluster Finder
- ★ Favorite Careers and Clusters

NAVIANCE RESUME

family connection

courses colleges careers about me my planner

interesting things about me:

- personality type
- resume
- career plan
- documents
- journal
- learning history

official things:

- profile
- score
- account
- test scores

surveys to take:

- career history

resume

BUILD YOUR RESUME

Add new entries to your resume by selecting a type of entry from the menu below. If you're not sure what information to provide, you can select an entry type and read the tips displayed. When printing your resume, you can choose which entries you want to display, so we encourage you to add as much information as possible.

Build Resume Sections Customize Your Printable Resumes

Use the tools below to create and edit any sections you might want to use in your resume

add a new entry:

- Select One -
- Objective
- Summary
- Work Experience
- Education
- Volunteer Service
- Extracurricular Activities
- Awards/Certificates
- Skills/Competency Achievement
- Musical/Vocals Achievement
- Athletic Achievement
- References
- Leadership
- Additional Information

OBJECTIVE

To explore career options in education by obtaining employment as a teacher's aide.

SUMMARY

- Excellent leadership and communication skills
- Proven ability to instruct and assist students
- Reliable and self-motivated

Simple drop down menus guide students to enter work experience, community service, education, awards, leadership, etc. Students should be updating their resume regularly!!

Amber (sample) Tillery atillery@rocklin.k12.ca.us

Objective

To explore career options in education by obtaining employment as a teacher's aide.

Summary

- Excellent leadership and communication skills
- Proven ability to instruct and assist students
- Reliable and self-motivated

Work Experience

Apr 13 - Present **Sales Associate**
Rocklin Galleria
Produce Item Sales
Grades 11-12
12 hrs/week
Assist customers with purchases. Operate computer cash registers. Stock and clean store.

Volunteer Service

Sep 13 - Present **Peer Tutor**
Rocklin High School Homework Help
Grades 11-12
1 Hour/Week
Tutor fellow students in multiple subjects one hour a week after school.

Nov 13 - Aug 14 **Volunteer**
Rocklin, CA
Phase 10/CA
Grade 11
7 Hours/Week
Total hours: 70
Assisted with animal socialization. Cleaned cages. Provided a foster home for kittens. Administered medication to sick animals.

Extracurricular Activities

Aug 11 - Present **Speech and Debate Club**
Grades 10-12
Participated in and helped plan speech and debate contests.

Aug 13 - Dec 13 **Soccer Team**
10 hrs/Week
Team captain of recreational soccer team.

Awards/Certificates

Oct 13 **Distinguished Community Service Award**
Recognized for performing over 100 hours of community service.

References Available Upon Request

NAVIANCE COLLEGE RESEARCH

★ Super Match

- Enter the things you are looking for in a college
- Get a list of schools that meet your criteria

★ Colleges I'm Thinking About

- Save schools you in which you are interested in one place
- Receive information on events and programs at these schools

★ College Match

- See where others who are interested in the schools in your list are also applying

USING NAVIANCE TOGETHER

With Your Parent Login You Can:

*View assessment results and favorites lists *Research colleges and add to the "Colleges I'm Thinking About" list *Research careers and clusters *View resume, course plans, scholarship lists and more!

Naviance paves the way for great conversations about the future with your student! We encourage you to log in often to see what your child is up to and foster these conversations at home.



NAVIANCE PARENT LOGIN INSTRUCTIONS

Please log-in now

<https://connection.naviance.com/rocklinhs>

1. Click "I need to register"
2. Registration code = your student's permanent ID + your relationship code*.
(ex. 1234567M)

*Relationship codes:	Mother = M	Father = F
Stepmother = SM	Stepfather = SF	Foster Mother = FM
Foster Father = FF	Court appointed guardian = CAG	
3. During registration you will create your username and password for future use

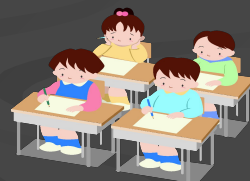
COLLEGE PREPARATION



- ☐ Testing
- ☐ College Search
- ☐ Applying
- ☐ FAFSA
- ☐ Assist-a-grad
- ☐ NCAA

COLLEGE ADMISSION TESTING REQUIREMENTS

- We recommend testing spring of junior year & retaking late summer/early fall senior year if needed.
- SAT or ACT it is your choice, schools do not require both
- ALWAYS take the optional essay portion
- Community Colleges do not require testing
- Lots of test prep options: <http://goo.gl/B4N1au>
- Financial assistance for testing and prep available to those with demonstrated financial need (do you qualify for free or reduced lunch?)



SAT

- SAT Reasoning Test Registration - www.collegeboard.org
- RHS hosts every Saturday test date, but fills up fast, so register early
- SAT Subject Tests – Determine if specific college/major will recommend/require.

ACT

- ACT Registration - www.act.org
- RHS hosts every Saturday test date, but fills up fast, so register early

FINDING YOUR BEST FIT

COLLEGE

★ Academically

- Major
- Selectivity
- Class Size
- Research/Internship Opportunities
- Support Services

★ Socially

- Clubs/Activities
- Athletics
- Greek Life
- Housing
- Atmosphere
- Distance from home

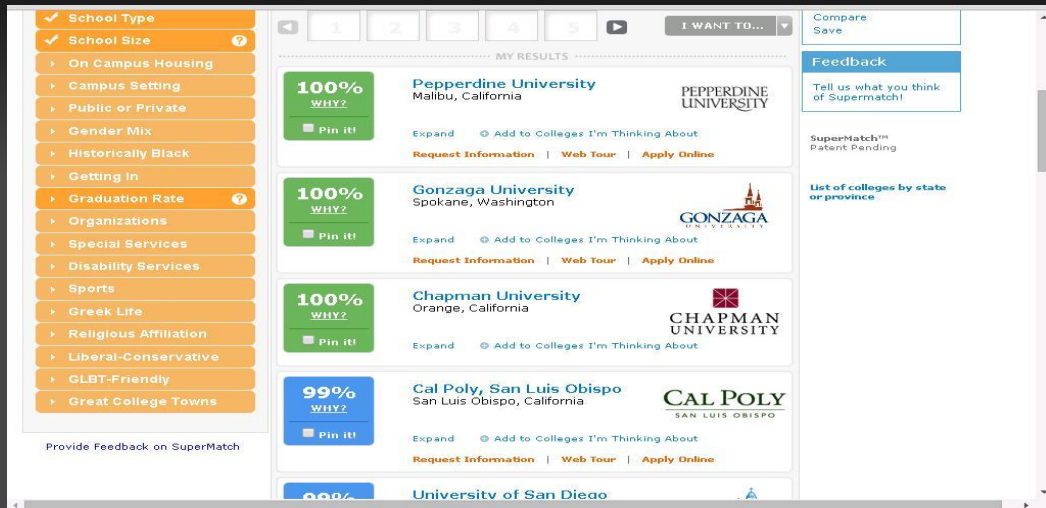
★ Financially

- Total Cost of Attendance
- Financial Aid Available
- Average Time to Graduation
- Graduate/Professional School Next?

COLLEGE RESEARCH WITH NAVIANCE

The screenshot displays the Naviance website interface. The top navigation bar includes 'colleges', 'careers', 'about me', and 'my planner'. The 'family connection' section is active, featuring a 'Welcome Thunder Families!' message and a 'resources' sidebar. The main content area includes a 'College Search' section with a 'SuperMatch™' badge and a 'GET MATCHED' button. The search criteria list includes: Location, Majors, My Scores, Tuition and Fees, Ethnicity, School Type, School Size, On Campus Housing, Campus Setting, Public or Private, Gender Mix, and Historically Black. The 'GET MATCHED' section states: 'Use over 20 search criteria to find the schools that are the best match for you and find out why.' The 'PIN YOUR FAVORITE' section states: 'Keep an eye on the schools you're interested in by pinning them to the top of your list.' The 'COMPARE' section states: 'See how your pinned schools stack up to each other on the factors that matter to you most with SuperMatch's Compare View.'

COLLEGE RESEARCH WITH NAVIANCE



In-State Public Schools

- 23 California State Universities
- 9 University of California Campuses
- Application deadline for both CSU's and UC's is November 30
- GPA for application purposes includes only A-G courses taken in 10th and 11th grades and caps the number of weighted courses at 4 (8 semesters).
- More information on CSU's and High School Planner available at <http://csumentor.edu/>
- More information on Uc's at <http://admission.universityofcalifornia.edu/freshman/index.html>

OUT OF STATE PUBLIC SCHOOLS

- Huge variety of size, focus and price
- Increased tuition for out-of-state students
- May offer tuition discounts or scholarships (WUE)
- Application deadlines will vary school to school. Understand early action, early decision and priority deadlines
- Application and financial aid deadlines can be different within the same school. Make sure you know both.
- Confirm testing requirements (SAT/ACT)
- May require letters of recommendation - be sure to request these early in the process. May take up to two school weeks to complete (consider that letters are not written over Thanksgiving or winter break)

PRIVATE SCHOOLS

- Huge variety of size, focus and price
- Tuition not based on state of residence (no out-of-state tuition)
- Private schools may offer significant merit-based financial aid, so don't eliminate a school from consideration due to sticker price.
- Check application deadlines for prospective schools – can vary school to school. Understand Early Action, Restrictive Early Action, Early Decision and Priority Deadlines
- Confirm testing requirements (SAT/ACT)
- Private schools may use The Common Application. Common App schools likely require teacher and counselor recommendations. Follow instructions carefully and request them early as they may take up to two school weeks to complete.

APPLYING TO SIERRA COLLEGE

- ★ Simple process to get started at Sierra! - <http://www.sierracollege.edu>
- ★ Attend Parent Information Nights senior year
- ★ The Application
 - Apply online at home or at an application workshop in the RHS CCC
 - Take Accuplacer placement exams at Sierra College or RHS if needed
 - Complete online orientation
 - Schedule new student counseling session
- ★ Transfer Agreement Guarantee (UC)
- ★ Associate Degrees for Transfer (CSU)
- ★ Certificates/Training

FAFSA

2018-2019 SCHOOL YEAR

- FAFSA Available October 1, 2017 at www.fafsa.gov
- FAFSA uses prior-prior tax year info (2016)
- Completing the FAFSA may qualify you for federal and state grants, loans, work study and some institutional aid.
- Cal Grant deadline March 2
- Cal Grant GPA Verification automatic unless opt out. DON'T OPT OUT!!!
- If you are not a citizen or permanent resident of the United States, the California Dream Act may still have grant money for you! www.dream.csac.ca.gov

ASSIST-A-GRAD



Assist-a-grad is our in house scholarship program. Scholarships are created by local donors and are available to our student only. Last year we awarded over \$100,000. Students apply during the month of February.



NCAA ELIGIBILITY

www.ncaaeligibilitycenter.org



A screenshot of the NCAA Eligibility Center website. The header includes the NCAA logo and the text "Eligibility Center". Below the header is a navigation bar with links for "Student Email", "Password", "Login", "Help", and "High School Administrators". The main content area features a large image of a rowing team on a lake. Overlaid on the image is the text "WANT TO PLAY COLLEGE SPORTS?" followed by "Creating an account is the first step to becoming an NCAA student-athlete". At the bottom right, there is a box that says "NOT SURE WHICH DIVISION YOUR SCHOOL IS IN?" and "Learn more or search NCAA schools.".

RHS COLLEGE AND CAREER CENTER UPCOMING PROGRAMS

- ★ College Planning Workshops
(for 10th and 11th grade families)
- ★ Case Study Night
- ★ Summer Application Workshop
- ★ Fall Application Workshops

COLLEGE PLANNING WORKSHOPS

This program is designed for 10th and 11th grade families to help you understand the college search and application process in order to appropriately plan for your junior and senior year.

Session 1: January 30

Getting Started, The Right Fit, How to Meet a School

Session 3: February 1

Private and Out-of-state Public Universities

Session 2: January 31

California Public Universities

Session 4: February 2

Testing, Paying for College, RHS Resources

All sessions are held in the Rocklin High School Library and begin at 6pm. There is no cost to attend or registration needed. Attending the first session is vital to understanding the philosophy behind the others.

COLLEGE ADMISSION CASE STUDY

March 13, 2017 at 6pm in the Rocklin High School Cafeteria

During this engaging event students and parents will be lead through a mock admission process by members of the Regional Admissions Counselors of California.

Participants will take on the role of admissions officers at a mock university and evaluate a number of applications together. This exercise will reveal the intricacies of the process and the importance of assembling a strong application. Participants will gain insight as to what is valued in the application and what to avoid. The evening will conclude with a panel discussion and a mini-out-of-state college fair.

Space is limited for this event and pre-registration along with a commitment to review the instructions, applications and other materials PRIOR to the event is required. Student and parent must attend this event together.

SUMMER APPLICATION WORKSHOP

- ★ August 7-11 - morning or afternoon session
 - ★ Find best fit colleges
 - ★ Get organized
 - ★ Prepare your resume
- ★ Understand what colleges are looking for in applicants
- ★ Get advice from recent RHS grads, counselors, teachers and college admission reps
- ★ Complete the UC and Common Applications as well as prepare for the CSU Application
 - ★ Request official transcripts, test scores and letters of recommendation
 - ★ Complete at least one application essay with feedback from experts

This program is designed to prevent procrastination and alleviate stress by providing students the information needed to confidently complete their applications before the school year begins.

FALL APPLICATION WORKSHOP SERIES

- ★ Financial Aid
- ★ Common App
- ★ The UC Application
- ★ The CSU Application
- ★ Application Essay Writing
- ★ Sierra College

These workshops begin in early fall and are held on Mondays. There are two identical sessions each Monday, one right after school at 1:00pm and one in the evening at 6:00pm

RHS CCC ON TWITTER

 @RHSCollegebound 

RESOURCES & SUPPORT

■ Teachers

- Communicate – Email is most efficient
- Available to meet with students at PLUS, before/after school
- Encourage your student to communicate



RESOURCES & SUPPORT

■ Counselors

- Academic, Personal & Social Support
- High School & College Prep Planning
- Peer Counselors (Personal/Conflict Mgt./Academics)

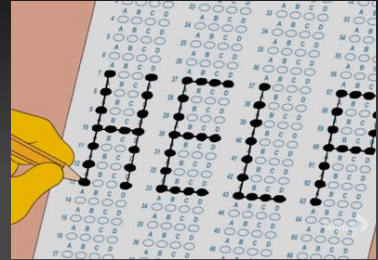


RESOURCES & SUPPORT

■ Other Resources

➤ Academic Planning Guide - <http://goo.gl/Le3Hgd>

- Course descriptions and requirements
- Graduation requirements
- College eligibility and requirements
- SAT/ACT Testing Information
- Recommended Path of Courses for College Bound Students
- UC/CSU A-G Course List
- CTE Course Offerings (11th & 12th grades)



- Edline & Schoology
- Homework/Tutoring Tues thru Thurs 2:40-3:30pm (CCC)
- PLUS – additional 30 minutes before lunch to meet with teachers
- Student Planner/Daily Announcements

Student Mental Wellness

FACTS...

- 1 in 5 people between the ages of 12 and 24 have a diagnosable mental health disorder in any given year. (Mayo Clinic research)(NCCP. org, Columbia University, 2015) This would equate to approximately 387 students at Rocklin High School alone. This does not include episodic events teenage students deal with on a regular basis such as pressures of school, illness, relationship issues, grief, etc.
- 80 percent of kids with a diagnosable anxiety disorder and 60 percent of kids with diagnosable depression are not getting treatment.
- "One in four adolescents will have an episode of major depression during high school with the average age of onset being 14 years." (Placer County Office of Education and California School Health Centers Association 2015)
- Social/emotional health issues transcends all socio-economic and achievement levels of students and their families. It presents itself in a variety of ways. In high achieving student it is more likely to present itself in lying, cheating, theft, and drug use. (Atlantic Dec 2015)

Student Mental Wellness

What to do if you are concerned about your student:

- Start with a conversation and just listen.
- Consider taking them to their primary care physician and ask for a referral to a therapist or take them directly to a therapist of your choice. Many therapists offer reduced fees based on financial need.
- Communicate with your student's RHS counselor, so that they are aware of concerns and can help at school. They can help you communicate with your student's teachers, access resources, etc.



QUESTIONS



&



ANSWERS!

